

**Northeastern PA Health Care Quality Unit
Training Syllabus
Summer 2017**

To register for a program or for more information please contact Sharon Falzone toll free at (877) 315-6855,
(570) 342-7762, or via email at sf@theadvocacyalliance.org

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Title	Audience	Description/Overview	Length	Date	Time	Location
Abuse	25	This training will provide the participant with an overview of abuse as it pertains to those with Developmental Disabilities and the elderly. This training features: <ul style="list-style-type: none"> • A definition of abuse • Facts and risk factors for abuse • The various types of abuse • Prevention strategies 	1 hour	8-1-17	11:30 am—12:30 pm	Wilkes-Barre 2
Aging and Intellectual/ Developmental Disabilities	25	This training provides an overview of normal aging and the special considerations and recommendations for caregivers. This training features: <ul style="list-style-type: none"> • Normal aging as a process • Special needs of aging individuals with developmental disabilities • Special considerations and recommendations for caregivers 	2 hours	7-14-17	1:00 pm—3:00 pm	Scranton 1

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Autism Spectrum Disorders Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	This training discusses the core features of Autism: social interaction, communication and restrictive, repetitive behaviors and how these core features can be observed. This training features: <ul style="list-style-type: none"> • A discussion regarding considerations related to mental illness as well as suggestions for supporting an individual with Autism 	1 hour	6-30-17	9:00 am—10:00 am	Towanda
Bereavement	25	This training introduces participants to Bereavement and the grief process. This training features: <ul style="list-style-type: none"> • The stages of accepting death • How to “break the bad news” • Ideas that can be used to assist adults with developmental disabilities experiencing the grief process 	1 hour	6-21-17	8:00 am—9:00 am	Mansfield 1
	25		1 hour	6-21-17	9:30 am—10:30 am	Mansfield 2
	25		1 hour	6-23-17	8:00 am - 9:00 am	Troy
	25		1 hour	6-23-17	9:15 am—10:15 am	Troy

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Title	Audience	Description/Overview	Length	Date	Time	Location
Body Mechanics	25	This training emphasizes the importance of understanding lifting techniques and how the body performs functions of lifting. This training features: <ul style="list-style-type: none"> • Basic anatomy of the spine and back • Consequences of poor Body Mechanics • Risk factors for musculoskeletal injuries • Principles of good Body Mechanics • Safe handling (lifts and transfers) of individuals 	1 hour	8-16-17	8:00 am—9:00 am	Mansfield 1
	25		1 hour	8-16-17	9:30 am—10:30 am	Mansfield 2
	25		1 hour	8-18-17	8:00 am—9:00 am	Troy
	25		1 hour	8-18-17	9:15 am—10:15 am	Troy
Cerebral Palsy	25	This training provides a general overview of Cerebral Palsy. This training features: <ul style="list-style-type: none"> • Cerebral Palsy by definition • Causes associated with the diagnosis • Types of Cerebral Palsy • Health complications of Cerebral Palsy 	1 hour	8-9-17	1:00 pm—2:00 pm	Towanda

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Code of Ethics, Core Competencies and Empowerment Strategies for Direct Support Professionals	25	<p>This training educates the Direct Support Professionals to the Code of Ethics, Core Competencies and Empowerment Strategies. This training features:</p> <ul style="list-style-type: none"> • Understand the Code of Ethics from The National Alliance for Direct Support Professionals • Develop an understanding of the difference between Caregiver and Direct Support Professional • Identify empowerment strategies • Provide an orientation to Direct Support Professional Core Competencies • Understand the credentialing process through the National Alliance for Direct Support Professionals 	2 hours	6-2-17	1:30 pm—3:30 pm	Scranton 3
Common Chronic Health Conditions Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	<p>This training provides an increase awareness of what chronic conditions are and how they affect people with an intellectual disability. This training features:</p> <ul style="list-style-type: none"> • Raising an awareness with the Direct Support Professional of changes in behavior/attitude and lifestyle in the people they help support • Tools to help support people with intellectual disability 	1 hour	8-9-17	11:00 am—12:00 pm	Towanda

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Common Medications and Side Effects Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	This session is one of the courses in the Official ODP Dual Diagnosis Curriculum for Direct Support Professionals. People with an intellectual disability are more likely to be prescribed multiple medications. This training features: <ul style="list-style-type: none"> • What the Direct Support Professional needs to know as the reason for medications, side effects and what needs to be observed, documented and reported • The importance for the attendant to realize that the session is not intended to replace medical advice or information received in the Department of Public Welfares Medication Administration Training 	1 hour	6-2-17	10:30 am—11:30 am	Scranton 3
Communicating with the Nonverbal Individual	25	This training provides a general overview of Communicating with the Nonverbal Individual. This training features: <ul style="list-style-type: none"> • Effective interpersonal communication • Challenges experienced with nonverbal communication • Strategies to support individuals who are nonverbal 	2 hours	8-9-17	10:00 am—12:00 pm	Forest City
	25		2 hours	8-11-17	10:00 am—12:00 pm	Honesdale
	25		2 hours	8-11-17	1:00 pm—3:00 pm	Honesdale

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Title	Audience	Description/Overview	Length	Date	Time	Location
Communicating with the PCP and other Medical Specialists	25 (closed)	This session is one of the courses in the Official ODP Dual Diagnosis Curriculum for Direct Support Professionals. This training provides awareness of valuable information about the individuals health, likes/dislikes, wants/needs and behaviors. This training features:	1 hour	7-21-17	9:00 am—10:00 am	Carbondale
Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	<ul style="list-style-type: none"> • The DSP as the first person to be aware of any changes in the individual, whether physical or behavioral • When an individual has an appointment to see a physician, it is important that caregivers not only effectively report the necessary information to the physician, but also document the outcome of the appointment to ensure that all of the doctors orders are followed • All aspects of communicating along with the PCP, specialist, and others through helpful tools 	1 hour	8-11-17	10:00 am—11:00 am	Towanda
	25		1 hour	8-25-17	10:00 am—11:00 am	Towanda
Communicating with the Psychiatrist	25	This training provides a discussion, from the psychiatrist's perspective, on the information that the psychiatrist needs from the team and the person receiving psychiatric care in order to optimize psychiatric outcomes. This training features: <ul style="list-style-type: none"> • The role of the psychiatrist as an active team member 	1 hour	8-11-17	11:00 am—12:00 pm	Towanda
Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25		1 hour	8-17-17	11:00 am—12:00 pm	Wilkes-Barre 1
	25		1 hour	8-25-17	11:00 am—12:00 pm	Towanda

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Title	Audience	Description/Overview	Length	Date	Time	Location
Compromised Skin Integrity	25	This training provides a general overview of Compromised Skin Integrity. This training features: <ul style="list-style-type: none"> • The role of the skin as an organ • Interventions that reduce the threat to Compromised Skin Integrity • The stages of skin breakdown • Barriers to healing • Risk factors for altered skin integrity 	1 hour	6-15-17	1:00 pm—2:00 pm	Towanda
Crisis Supports and Debriefing Official ODP Dual Diagnosis Curriculum for direct Support Professionals	25	This training provides the Direct Support Professional with the information necessary to recognize what constitutes a crisis situation. This training features: <ul style="list-style-type: none"> • Utilize positive crisis prevention techniques • Identify positive de-escalation techniques • Having a working knowledge of how to manage a crisis situation including what to do if a person supported has to go to a crisis center and knowing what debriefing is and how it is conducted • Knowing the benefits of the debriefing procedures 	1 hour	6-15-17	11:00 am—12:00 pm	Wilkes-Barre 1

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Epilepsy and Seizures	25	This training provides an overview of Epilepsy and Seizures. This training features: <ul style="list-style-type: none"> • Epilepsy and Seizures by definition • The Seizure Disease process • Characteristics of several different types of Seizures • First aid protocols for Seizure activity • Emergency management protocols and procedures 	1 hour	6-30-17	10:00 am—11:00 am	Towanda
Fall Prevention	25	This training provides an overview on Slips, Trips, and Falls specific to individuals with developmental disabilities and conditions that contribute to their increased risk of falls. This training features: <ul style="list-style-type: none"> • Fall risk factors and assessments • Causes of falls and effective ways to prevent falls • The potential complications of a fall • The types of interventions and appropriate documentation if falls occur 	2 hours	8-11-17	1:00 pm—3:00 pm	Scranton 1

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Gastroesophageal Reflux Disease (GERD)	25	This training offers an overview of GERD and care of an individual with this disorder. This training features: <ul style="list-style-type: none"> • The normal structure of the gastrointestinal system • GERD by definition • A summary of the different causes of GERD • Current treatments for GERD 	1 hour	6-15-17	11:00 am—12:00 pm	Towanda
High Blood Pressure or Hypertension	25	This training provides an overview of High Blood Pressure or Hypertension. This training features: <ul style="list-style-type: none"> • High Blood Pressure or Hypertension by definition • Risk factors and treatments for High Blood Pressure • Ways to help individuals reduce their Blood Pressure 	1 hour	6-6-17	11:30 am—12:30 pm	Scranton 2

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Title	Audience	Description/Overview	Length	Date	Time	Location
Hygiene for the Consumer	25	This training provides detailed information on basic hygiene for the consumer. This training features: <ul style="list-style-type: none"> • Video-based presentation for the consumers that is gender-specific 	1 hour	6-23-17	10:30 am—11:30 am	Newfoundland
Intellectual Disability and Psychiatric Disorder Official ODP Dual Diagnosis Curriculum for direct Support Professionals	25	This training provides an overview of anxiety, mood, Psychosis, and substance abuse from a Dual Diagnosis standpoint. This training features: <ul style="list-style-type: none"> • An introduction of DSM and DM-ID assessment • Suggestions for Direct Support Professionals on how to support an individual with these diagnoses 	1 hour	8-17-17	10:00 am—11:00 pm	Wilkes-Barre 1

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Lyme Disease	25	This training provides a basic overview of Lyme Disease. This training features: <ul style="list-style-type: none"> • Lyme Disease by definition • Symptoms, causes, and risk factors • Diagnostic and screening tests • Treatment options and prevention strategies 	1 hour	6-6-17	10:30 am—11:30 am	Scranton 2
Medication Errors	25	This training for direct care staff complements ODP's recently revised medication administration program.	2 hours	7-7-17	10:00 am—12:00 pm	Honesdale
	25	This training features: <ul style="list-style-type: none"> • Medication Error by definition 	2 hours	7-7-17	1:00 pm—3:00 pm	Honesdale
	25	This training features: <ul style="list-style-type: none"> • Importance of “standardization of medication administration” • Basic principles of medication administration • Importance of observation, documentation, and reporting medication side effects and errors • Common elements that lead to medication errors • Staff interventions that may help to reduce Medication Errors 	2 hours	7-14-17	10:00 am—12:00 pm	Forest City

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Mental Health Therapy and Intellectual Disability Official ODP Dual Diagnosis Curriculum for direct Support Professionals	25 25	This training is designed to explain what mental health therapy is, why it is beneficial, the role of the team in the therapy process and the therapists responsibility to the person and the team members. This training features: <ul style="list-style-type: none"> Resources for locating and accessing mental health therapy from a Dual Diagnosis perspective 	1 hour	7-20-17	11:00 am—12:00 pm	Wilkes-Barre 1
Naming It: Mental Illness and People with an Intellectual Disability Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25 (closed)	This training provides the learner with a better understanding of how “Naming It” is important to recovery. This training features: <ul style="list-style-type: none"> How to recognize the need for increased mental health supports for those with an intellectual disability The direct support professional ability to understand the role in advocacy and support for those with a Dual Diagnosis 	1 hour	6-23-17	9:00 am—10:00 am	Carbondale

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Title	Audience	Description/Overview	Length	Date	Time	Location
Older Adults and Dual Diagnosis	25	This training provides a discussion on how everyone is getting older, and why it is important for the Direct Support Professional to have an understanding of the health issues associated with the normal aging process. This session features: <ul style="list-style-type: none"> • Aging from three perspectives as general information, body systems and mental health • Support strategies for the aging process 	1 hour	6-2-17	12:30 pm—1:30 pm	Scranton 3
Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25		2 hours	7-17-17	1:00 pm—3:00 pm	Scranton 1
Oral Care for Individuals with a Developmental Disability	25	This training outlines the principles of Oral Hygiene. This training features: <ul style="list-style-type: none"> • Strategies for preparing for a successful oral care visit • Challenges faced by individuals during oral care visits and corresponding strategies for care 	1 hour	6-15-17	10:00 am—11:00 am	Towanda

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Osteoarthritis	25 (closed)	This training provides a general overview of Osteoarthritis. This training features: <ul style="list-style-type: none"> • Osteoarthritis by definition • Risk factors of Osteoarthritis • Treatments for Osteoarthritis • Medications recommended for Osteoarthritis 	1 hour	6-22-17	9:00 am—10:00 am	Archbald
Overview of Syndromes	25	This session is one of the courses in the Official ODP Dual Diagnosis Curriculum for Direct Support Professionals.	1 hour	7-12-17	8:00 am—9:00 am	Mansfield 1
Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	The training provides an awareness of the many syndromes which people with intellectual disabilities may have. This training features:	1 hour	7-12-17	9:30 am—10:30 am	Mansfield 2
	25		1 hour	7-14-17	8:00 am—9:00 am	Troy
	25	<ul style="list-style-type: none"> • A general syndromes discussion • Medical conditions along with behavioral phenotypes for specific syndromes 	1 hour	7-14-17	9:30 am—10:30 am	Troy

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Personal Safety and Self Awareness	25	This training focuses on various issues around Personal Safety and Self Awareness. This training features: <ul style="list-style-type: none"> • A definition of Personal Safety • Discussion on strategies to remain safe • Statistics from the Uniform Crime Report and the National Crime Victimization Survey 	1 hour	8-1-17	10:30 am—11:30 am	Wilkes-Barre 2
Post Traumatic Stress Disorder	25	This training provides participants with an overview of Post Traumatic Stress Disorder. This training features: <ul style="list-style-type: none"> • Symptoms experienced with Post Traumatic Stress Disorder • Possible etiology • Treatment options for the disorder 	1 hour	7-21-17	9:00 am—10:00 am	Towanda

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Professionalism: Beliefs, Attitudes and Behaviors	25	This training addresses the importance of Professionalism and how it is (or is not) reflected in ones beliefs, attitudes and observed behaviors. This training features: <ul style="list-style-type: none"> Professionalism by definition Key elements of Professionalism Guidelines for Professional Conduct by the American Association on Intellectual and Developmental Disabilities (AAIDD) 	1 hour	8-9-17	10:00 am—11:00 am	Towanda
Psychotropic Medication	25	This training provides an overview and ability to identify different classes of psychotropic medications and related psychiatric disorders. The training features: <ul style="list-style-type: none"> The importance of baseline as it relates to observing and recognizing target symptoms of mental illness 	1 hour	6-15-17	10:00 am—11:00 am	Wilkes-Barre 1
Official ODP Dual Diagnosis Curriculum for direct Support Professionals	25 (closed)		1 hour	8-18-17	9:00 am—10:00 am	Carbondale

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Schizophrenia	25	This training provides a general overview of Schizophrenia and other Psychotic Disorders. This training features: <ul style="list-style-type: none"> • Signs and symptoms of Schizophrenia • Etiology of Schizophrenia • Treatment options for Schizophrenia and other Psychotic Disorders 	1 hour	7-21-17	10:00 am—11:00 am	Towanda
Sexuality and Sexual Expressions in Persons with Developmental Disabilities	ongoing	This training provides a general overview on the goals and benefits of Sexuality Education. This training features: <ul style="list-style-type: none"> • Physical Sex, Emotional Issues, and Sexual Expression • Rights and Health Benefits of Sexual Expression • Sexual Pharmacology • A Sexuality Curriculum for Persons with Developmental Disabilities 	Ongoing	Ongoing	Ongoing	Ongoing

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Stress Management for the Direct Support Professional Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	This training discusses an overview of Stress Management including ways to cope with or manage Stress. This training features: <ul style="list-style-type: none"> • Stress Management by definition • Acute versus chronic Stress • Psychological effects of Stress • Physical effects of Stress on major body systems • Coping strategies 	1 hour	7-20-17	10:00 am—11:00 am	Wilkes-Barre 1
Summer Safety	25	This training provides an overview of issues surrounding Summer Safety. This training features:	2 hours	6-2-17	8:30 am—10:30 am	Scranton 3
	25	<ul style="list-style-type: none"> • Dehydration, heat exhaustion, and heat stroke by definition 	2 hours	6-7-17	10:00 am—12:00 pm	Forest City
	25	<ul style="list-style-type: none"> • Risk factors for heat related illness 	2 hours	6-9-17	10:00 am—12:00 pm	Honesdale
	25	<ul style="list-style-type: none"> • Medications affecting heat regulation 	2 hours	6-9-17	1:00 pm—3:00 pm	Honesdale
	25	<ul style="list-style-type: none"> • Prevention strategies 	2 hours	6-9-17	1:00 pm—3:00 pm	Honesdale
	25	<ul style="list-style-type: none"> • Drug-induced photosensitivity 	2 hours	6-28-17	10:00 am—12:00 pm	Wellsboro
	25	<ul style="list-style-type: none"> • Skin cancers 	2 hours	6-28-17	10:00 am—12:00 pm	Wellsboro
	25 (closed)	<ul style="list-style-type: none"> • Allergic reactions to stinging insects and anaphylaxis 	1 hour	7-19-17	12:00 pm—1:00 pm	Archbald

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Title	Audience	Description/Overview	Length	Date	Time	Location
Universal Precautions	25	This training provides an overview of Universal Precautions. This training features: <ul style="list-style-type: none"> • Routes of transmission by infected agents • Elements required for the spread of infection • Protective barriers to prevent transmission of infected agents 	2 hours	6-27-17	1:00 pm—3:00 pm	Scranton 4
The Urinary System and Catheter Care	25 (closed)	This training provides information on the Urinary System and Catheter Care. This training features: <ul style="list-style-type: none"> • How the Urinary System works • What can go wrong with the urinary tract • What is urinary incontinence and retention • How a urinary catheter works 	1 hour	8-16-17	9:00 am—10:00 am	Archbald

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Location Key:

Archbald — Step By Step—111 Krajewski Dr., Archbald, PA
Carbondale—Step By Step— 160 Terrace St., Carbondale, PA
Forest City—Human Resource Center—238 Delaware St., Forest City, PA
Honesdale—Human Resource Center—294 Bethel School Rd., Honesdale, PA
Mansfield 1—Martha Lloyd Community Services—117 North Main St., Mansfield, PA
Mansfield 2—Martha Lloyd Community Services—Westgate Rd., Mansfield, PA
Newfoundland—Devereux—1547 Mill Creek Rd., Newfoundland, PA
Scranton 1—The ARC—115 Meadow Ave., Scranton, PA
Scranton 2—Goodwill Industries—925 Prospect Ave., Scranton, PA
Scranton 3—United Cerebral Palsy—425 Wyoming Ave., Scranton, PA
Scranton 4—Weston Park—ARC Camp at Weston Park—Spring & Hollister Ave., Scranton, PA
Towanda—Futures—23 Main St., Towanda, PA
Troy—Martha Lloyd Community Services—W. Main St., Troy, PA
Wellsboro —Community Life Options—68 Walns St., Wellsboro, PA
Wilkes-Barre 1—Step By Step—744 Kidder St., Wilkes-Barre, PA
Wilkes-Barre 2—Goodwill Industries—243 South Washington Ave., Wilkes-Barre, PA