

**Northeastern PA Health Care Quality Unit
Training Syllabus
Winter 2017**

To register for a program or for more information please contact Sharon Falzone toll free at (877) 315-6855,
(570) 342-7762, or via email at sf@theadvocacyalliance.org

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Title	Audience	Description/Overview	Length	Date	Time	Location
American Red Cross Quick Reference Guide for 911 Emergency Situations	25	<p>This training identifies emergency situations as outlined by the American Red Cross that are considered potentially life threatening. This training features:</p> <ul style="list-style-type: none"> • The importance of a caregiver taking three emergency action steps such as checking the scene, calling 911, and providing care • The caregivers role with access to 911 • Performance action steps for caregivers • Recognition of life threatening illnesses/injuries 	1 hour	1-18-18	10:00 am—11:00 am	Wilkes-Barre 1
Depression	25	<p>This training creates an awareness of Depression and how the disorder may present in individuals with developmental disabilities. This training features:</p> <ul style="list-style-type: none"> • Symptoms of Depression • Treatment options • Medications used to treat Depression • Medication interactions and side effects 	1 hour	12-1-17	8:00 am—9:00 am	Troy
	25		1 hour	12-1-17	9:15 am—10:15 am	Troy
	25		1 hour	12-13-17	8:00 am—9:00 am	Mansfield 1
	25		1 hour	12-13-17	9:30 am—10:30 am	Mansfield 2

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Dual Diagnosis in the United States: Past, Present and Future Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	This training provides an overview of the development of intellectual disability and dual diagnosis services from pre-1900 to the present time. This training features: <ul style="list-style-type: none"> • An outline of the various movements and trends in Dual Diagnosis services from Eugenics to Everyday Lives and beyond • Lives and beyond • Multi-media information such as the Pennhurst and Willowbrook exposes 	1 hour	1-18-18	11:00 am—12:00 pm	Wilkes-Barre 1
Fatal Four	25	This training provides an overview of four fatal issues: Aspiration, Constipation, Dehydration and Epileptic Seizures. This training features: <ul style="list-style-type: none"> • Definition of Aspiration, Constipation, Dehydration and Epileptic Seizures • List of causes and risk factors • Complications of each condition • List of treatment and prevention 	1 hour	2-6-18	10:30 am—11:30 am	Wilkes-Barre 2

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Title	Audience	Description/Overview	Length	Date	Time	Location
Functional Behavior Assessment and Behavioral Support Planning Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	This training provides an overview for providers and other agencies regarding what a functional behavior assessment is, how it is developed and why it is utilized. The training features: <ul style="list-style-type: none"> Information related to best practices in the development and recognition of a detailed behavioral support plan 	1 hour	12-6-17	10:00 am—11:00 am	Scranton 1
Healthy Nutrition and Weight Management	25	This training discusses the importance of Healthy Nutrition and Weight Management in disease prevention. This training features: <ul style="list-style-type: none"> Components of Healthy Nutrition MyPyramid@, Steps To A Healthy You Healthy food choices Weight management 	1 hour	12-5-17	10:30 am—11:30 am	Scranton 2
	25		2 hours	12-6-17	10:00 am—12:00 pm	Honesdale
	25		2 hours	12-6-17	1:00 pm—3:00 pm	Honesdale
	25		2 hours	12-7-17	10:00 am—12:00 pm	Forest City

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Title	Audience	Description/Overview	Length	Date	Time	Location
High Blood Pressure or Hypertension	25	This training provides an overview of High Blood Pressure or Hypertension. This training features: <ul style="list-style-type: none"> • High Blood Pressure or Hypertension by definition • Risk factors and treatments for High Blood Pressure • Ways to help individuals reduce their Blood Pressure 	1 hour	1-17-18	8:00 am—9:00 am	Mansfield 1
	25		1 hour	1-17-18	9:30 am—10:30 am	Mansfield 2
	25		1 hour	1-19-18	8:00 am—9:00 am	Troy
	25		1 hour	1-19-18	9:15 am—10:15 am	Troy
Observing, Reporting, and Documentation	25	This training discusses an overview of Observing, Reporting and Documenting behaviors of individuals with challenging behaviors. This training features: <ul style="list-style-type: none"> • How to objectively report an observation • What physical and mental health issues need to be reported • How to support an individual through observing, reporting and documenting challenging behaviors 	2 hours	1-31-18	10:00 am—12:00 pm	Wellsboro

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Title	Audience	Description/Overview	Length	Date	Time	Location
Oral Hygiene	25	<p>This training provides information on the importance of oral hygiene, challenges, complications, and factors involved in oral hygiene access/a virtual tour is included. This training features:</p> <ul style="list-style-type: none"> • The importance of good oral hygiene • Types and nature of dental diseases • The consequences of poor oral health • How oral health related to overall health 	1 hour	2-14-18	8:00 am—9:00 am	Mansfield 1
	25		1 hour	2-14-18	9:30 am—10:30 am	Mansfield 2
	25		1 hour	2-16-18	8:00 am—9:00 am	Troy
	25		1 hour	2-16-18	9:15 am—10:15 am	Troy
<p>Overview of Syndromes</p> <p>Official ODP Dual Diagnosis Curriculum for Direct Support Professionals</p>	25	<p>This training provides information on the many syndromes found in individuals with developmental disabilities. The training may be very helpful for direct support professionals. This training features.</p> <ul style="list-style-type: none"> • A general syndromes discussion • Medical conditions along the behavioral phenotypes for specific syndromes. 	2 hours	12-20-17	10:00 am—12:00 pm	Wellsboro

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Title	Audience	Description/Overview	Length	Date	Time	Location
Pain Management	25	This training provides an overview of Pain Management. This training features: <ul style="list-style-type: none"> • Pain Management by definition • Types of pain • Pain symptoms assessment especially for individuals with cognitive impairments and/or limited verbal abilities • General Pain Management options • Differentiating between pain facts and pain myths 	1 hour	2-6-18	11:30 am—12:30 pm	Wilkes-Barre 2
Professionalism: Beliefs, Attitudes and Behaviors	25	This training addresses the importance of Professionalism and how it is (or is not) reflected in one's beliefs, attitudes and observed behaviors. This training features: <ul style="list-style-type: none"> • Professionalism by definition • Key elements of Professionalism • Guidelines for Professional Conduct by the American Association on Intellectual and Developmental Disabilities (AAIDD) 	1 hour	12-21-17	11:00 am—12:00 pm	Wilkes-Barre 1

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Title	Audience	Description/Overview	Length	Date	Time	Location
Relationships and Boundaries	25	<p>This training focuses on Relationships and Boundaries of relationships. This training features:</p> <ul style="list-style-type: none"> • Relationships and Boundaries by definition • The importance of healthy relationships to a person's quality of life • Healthy and unhealthy relationships in regard to an individual's boundaries • Use of assertiveness training to change boundaries in a relationship 	1 hour	12-21-17	10:00 am—11:00 am	Wilkes-Barre 1
Risk Mitigation: Prevention And Response to Sexual Incidents	100	<p>This training, sponsored by Luzerne-Wyoming Counties Mental Health and Developmental Services in conjunction with Luzerne-Wyoming Counties Training Council on Quality will provide a day long training on preventing and responding to sexual incidents. This training features the following speakers and topics:</p> <ul style="list-style-type: none"> • Pat Rushton speaking on providing support to victims and their families • Janene Holter speaking on digital citizenship • Sharon Falzone and Theresa Schirg speaking on sexuality education and statistics • Megan Velo-Zorzi speaking on trauma treatment • Jeffrey A. Blystone discussing financial assistance for victims of crime • Tara Gwilliams speaking on best practices 	7 hours	12-14-17	9:00 am—4:00 pm	Nanticoke

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Title	Audience	Description/Overview	Length	Date	Time	Location
Sexuality and Sexual Expressions in Persons with Developmental Disabilities	25	This training provides a general overview on the goals and benefits of Sexuality Education. This training features: <ul style="list-style-type: none"> • Physical Sex, Emotional Issues, and Sexual Expression • Rights and Health Benefits of Sexual Expression • Sexual Pharmacology • A Sexuality Curriculum for Persons with Developmental Disabilities 	Ongoing	Ongoing	Ongoing	Ongoing
Stress Management for the Direct Support Professional Official ODP Dual Diagnosis Curriculum for Direct Support Professionals	25	This training discusses an overview of Stress Management including ways to cope with or manage Stress. This training features: <ul style="list-style-type: none"> • Stress Management by definition • Acute versus chronic Stress • Psychological effects of Stress • Physical effects of Stress on major body systems • Coping strategies 	1 hour	12-5-17	11:30 am—12:30 pm	Scranton 2

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Location Key:

Forest City—Human Resource Center—238 Delaware St., Forest City, PA
Honesdale—Human Resource Center—294 Bethel School Rd., Honesdale, PA
Mansfield 1—Martha Lloyd Community Services—117 North Main St., Mansfield, PA
Mansfield 2—Martha Lloyd Community Services—Westgate Rd., Mansfield, PA
Nanticoke—Luzerne County Community College Educational Conference Center—1333 S. Prospect St., Nanticoke, PA
Scranton 1—United Cerebral Palsy—425 Wyoming Ave., Scranton, PA
Scranton 2—Goodwill Industries—925 Prospect Ave., Scranton, PA
Troy —Martha Lloyd Community Services—W. Main St., Troy, PA
Wellsboro —Community Life Options—68 Walns St., Wellsboro, PA
Wilkes-Barre 1—Step By Step—744 Kidder St., Wilkes-Barre, PA
Wilkes-Barre 2—Goodwill Industries—243 South Washington Ave., Wilkes-Barre, PA