



March 2026

**Northeastern PA Health Care Quality Unit Training Syllabus**

<b>TITLE</b>	<b>DESCRIPTION</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
<b>Understanding Developmental Disabilities</b>	This training provides an overview of Understanding Developmental Disabilities including intellectual function, adaptive behavior, social and practical skills, and beneficial natural support.	3/3/26	10:00 a.m.- 11:00 a.m.	Virtual
<b>Trauma Informed Care</b>	This training provides an overview of Trauma Informed Care including trauma theory, signs and symptoms of trauma stress exposure, treatment and management approaches.	3/4/26	10:00 a.m. – 11:00 a.m.	Virtual
<b>When to Call 911 and Sudden Illness</b>	This training provides an overview of When to Call 911 and Sudden Illness such as stroke, shock, asthma attack, anaphylaxis, heart attack, opioid overdose, and diabetic emergencies.	3/5/26	10:00 a.m.- 11:00 a.m.	Virtual
<b>Healthy Nutrition and Wellness</b>	This training provides an overview of Healthy Nutrition and Wellness including MyPlate, food labels, portion control, fiber rich eating, and food shopping.	3/6/26	10:00 a.m.- 11:00 a.m.	Virtual

To register please email Colleen Rafferty-- [cmr@theadvocacyalliance.org](mailto:cmr@theadvocacyalliance.org)



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<b>Well Child Visits</b>	This training provides an overview of Well Child Visits with the pediatrician and includes visit expectations for age groups from early and middle childhood to early and late adolescence.	3/10/26	10:00 a.m.- 11:00 a.m.	Virtual
<b>Health Care Quality Units and Service Highlights</b>	This training provides an overview of Health Care Quality Units and Service Highlights intended to maximize the physical and behavioral health of individuals with developmental disabilities.	3/11/26	10:00 a.m.- 11:00 a.m.	Virtual
<b>Seizures Update</b>	This training provides an Update of Seizures including causes, signs and symptoms, prevention, treatment, and latest updates.	3/12/26	10:00 a.m.- 11:00 a.m.	Virtual
<b>Medication Side Effects</b>	This training provides an overview of Medication Side Effects including adverse reactions, side effects trackers, most common systems affected as gastrointestinal, central nervous system, and skin reactions.	3/13/26	10:00 a.m.- 11:00 a.m.	Virtual

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<p><b>Environmental Safety Awareness</b></p>	<p>This training provides a general overview of Environmental Safety Awareness including burns, head, neck, and spinal injuries, heat stroke, hypothermia, and poison exposure.</p>	<p>3/17/26</p>	<p>10:00 a.m.- 11:00 a.m.</p>	<p>Virtual</p>
<p><b>Benefits of Physical Activity</b></p>	<p>This training provides an overview of the benefits of physical activity, an initiative supported by ODP, developed by the Office of Disease Prevention and Health Promotion (ODPHP), and US Department of Health and Human Services (HHS).</p>	<p>3/18/26</p>	<p>10:00 a.m.- 11:00 a.m.</p>	<p>Virtual</p>
<p><b>Fatal Five</b></p>	<p>This training provides an overview of Fatal Five: Aspiration, Constipation, Dehydration, Seizures, and Sepsis. It also covers causes, risk factors, complications, treatments as well as preventative strategies.</p>	<p>3/19/26</p>	<p>10:00 a.m.- 11:00 a.m.</p>	<p>Virtual</p>
<p><b>Interpretation of Blood Work</b></p>	<p>This training provides an overview of Interpretation of Blood Work and includes how to prepare for blood tests and read and understand your blood tests results.</p>	<p>3/20/26</p>	<p>10:00 a.m.- 11:00 a.m.</p>	<p>Virtual</p>

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<b>Major Mental Health Disorders</b>	This training provides an overview of Major Mental Disorders including Anxiety, Depression, Eating Disorders, Personality Disorders, PTSD, and Psychotic Disorders.	3/24/26	10:00 a.m.- 11:00 a.m.	Virtual AR
<b>Alzheimer's Disease</b>	This training provides an overview of Alzheimer's Disease including signs and symptoms, diagnosis, evolution, prognosis, treatment, and support.	3/25/26	10:00 a.m. – 11:00 a.m.	Virtual KC
<b>Safe Swallowing</b>	This training provides an overview of Safe Swallowing and choking prevention including signs and symptoms of choking and a demonstration techniques to relieve an obstructed airway.	3/26/26	10:00 a.m.- 11:00 a.m.	Virtual LG
<b>Responding to a Crisis and Behavioral De-escalation</b>	This training provides an overview of Responding to a Crisis and Behavioral De-escalation including stage of a crisis, crisis management and de-escalation of resultant behaviors.	3/27/26	10:00 a.m.- 11:00 a.m.	Virtual KS

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